



GOING TO SEE A PLAY THERAPIST

**A play therapist is someone who plays with kids
and tries to help them with their problems.
People who love me may take me to see a play therapist.
Mrs. Jenny Penny, is the play therapist I will see.**



**The play therapist usually has an office.
This is the play therapist office I will visit.**



**Sometimes my loved ones may see the play therapist with me.
Sometimes I may see the play therapist by myself.**

**There are toys to play with and other things to do
at the play therapist's office.**



**I can play with toys, games, and art materials.
I even get to choose how light or dark I want in the room with all of the fancy
sensory lights I get to change how I want to!**



**The play therapist may talk to me. I can talk to the play therapist and that's
okay.**

**I don't have to talk to the play therapist and that's okay.
I can go to the play therapist's office and not feel nervous.**

I can go to the play therapist's office and have fun.

I can go to the play therapist's office and be myself.